

# ALTOA MEDICAL TOURISM

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YOUR PARTNER FOR MEDICAL TREATMENT





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25+ YEARS OF  
EXPERIENCE



PREMIUM HEALTH  
CARE

## ABOUT US

Altoa provides an individual and above-standard medical care at its hospitals and through a network of contractual medical facilities.

We treat all our clients with respect and individually, ensuring care is provided at the highest possible level while maintaining their full privacy, wishes and personal needs.

Altoa ensures its clients with truly complex service. Besides providing above-standard health care at our hospitals, we provide **transport, accommodation, assistance, interpretation and translation, we take care of clients' leisure time and provide an escort.**





CERTIFIED PARTNER



HIGHEST LEVEL OF QUALITY

# CERTIFICATIONS

At Altoa, we are dedicated to maintaining the highest level of quality in all that we do. These certifications reflect our ongoing commitment to providing outstanding service to our clients and partners.

We are excited to share that we have met strict standards established by the International Organization for Standardization (ISO) and have been awarded certifications in several important areas.



ISO 9001:2015



GHA Medical Travel Professional



CERTIFICATIONS



ONE OF THE SAFEST COUNTRIES  
IN THE WORLD



MEMBER OF THE EUROPEAN  
UNION

## CZECH REPUBLIC

The health care system in the Czech Republic is considered to be **one of the most solid health care systems in the world**. It has 6.6 hospital beds per 1,000 inhabitants, making it one of the best-equipped countries in Europe.

The provision of premium medical care at an optimal cost makes the Czech Republic, in the eyes of medical tourists, one of the most sought-after countries for treatment abroad.



TOTAL POPULATION  
IS ALMOST 11 MILLION



THE CAPITAL CITY  
IS PRAGUE



TOTAL AREA IS 78 900 SQ  
KILOMETRES



# WHY CHOOSE THE CZECH REPUBLIC AS YOUR MEDICAL TOURISM DESTINATION

## MORE THAN HEALTHCARE

- 01 CERTIFIED HOSPITALS AND CLINICS  
KEEPING STRICT HYGIENIC STANDARDS
- 02 CONVENIENT TREATMENT OR SURGERY  
DATES AND NO LONG-WAITING TIMES
- 03 THE UTILIZATION OF THE LATEST  
TECHNOLOGIES AND MEDICAL PROCEDURES
- 04 THE HIGHEST PATIENT SAFETY STANDARDS  
DURING HOSPITALISATION
- 05 WIDE SPECTRUM OF CULTURAL, HISTORIC  
AND NATURAL SIGHTS TO VISIT
- 06 LONG AND RICH HISTORY OF SPA  
AND REHABILITATION CARE
- 07 TOP-NOTCH HEALTH CARE PROFESSIONALS  
WITH VERIFIABLE EXPERIENCES
- 08 AFFORDABLE PRICES AND ABOVE-STANDARD  
MEDICAL SERVICES FOR EVERYONE



11 THOUSAND HOSPITALIZED  
PATIENTS ANNUALLY



290+  
HOSPITAL BEDS

## BEROUN REHABILITATION HOSPITAL

In conjunction with the Horovice Hospital they have created, in the former administrative district of Beroun, a functional, high quality, modern, friendly, and trustworthy medical facility. The Beroun Rehabilitation Hospital has a quality and modern department of internal medicine ICU, department of aftercare and nowadays truly renowned workplaces - Rehabilitation and arthroscopic centre.

There is also a broad spectrum of outpatient care, including MRI, modern complement of other services and large number of medical devices for various diagnoses and rehabilitation treatment.

### ARTHROSCOPY CENTRE AS A PART OF THE HOSPITAL

The Beroun Arthroscopy centre is an outpatient workplace providing so-called **one-day care**.





**DIGITAL THERAPY**



**COMPLETE PRIVACY  
AND INDIVIDUALITY**

## CENTRE OF MENTAL REHABILITATION

Mental Health and Wellbeing Center Beroun is a modern facility providing comprehensive mental health services. Our medical care is based on the professional qualities of the staff, their friendliness, understanding, and support.

The center offers multidisciplinary services using the latest methods and technologies for the treatment of mental illness. The center is part of a rehabilitation hospital, thus, we can provide patients with healthcare for other health difficulties as well. The entire building has a complex lighting system in all rooms that fulfills the standard of chronobiological biodynamic lighting.







**3 TESLA MAGNETIC  
RESONANCE**



**30+ MEDICAL  
SPECIALIZATIONS**

## DIAGNOSTIC CENTRES IN PRAGUE

Diagnostic centres in Prague are a forefront provider of diagnostic and outpatient health services focused on children and adolescents. We provide comprehensive care for pediatric patients as well as for adults.

The centre is equipped with a top-class medical and laboratory technology. Magnetic resonance imaging, X-rays and ultrasounds are available as well. These state-of-the-art devices allow physicians to make a diagnosis quickly and accurately without any unpleasant burden to patients and time delays.





25+  
DEPARTMENTS



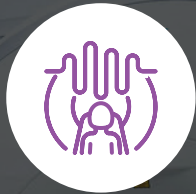
320+  
HOSPITAL BEDS

## HOROVICE HOSPITAL

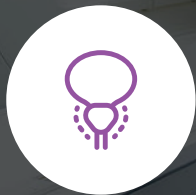
Horovice hospital offers a wide range of departments and counselling centres connected to individual wards. It provides specialised health services beyond the scope of basic medical disciplines to patients from all over the world.

The main specialties include orthopaedics, general surgery, gynaecology, internal medicine and others. Horovice Hospital also has its own anaesthesiology and resuscitation department which provides comprehensive medical care for all patients throughout the period before, during and after surgery requiring general anesthesia.





1 050 ONCOLOGICAL PATIENTS  
TREATED ANNUALLY



EXPERTS ON PROSTATE  
CANCER TREATMENT

## ONCOLOGY CENTRE

Oncology centre belongs with its specialization in the prostate cancer to the best oncological centres in Central Europe and is one of the modernly equipped workplaces providing radiation treatment.

For the treatment are used linear accelerators, brachytherapy and therapeutic X-Ray equipment. The preparation of radiation treatment is a demanding process and consists of several sequential steps. A team of physicians, physicists and radiology assistants are involved in the preparation of the radiation plan and the implementation of the radiation treatment.



# THE MAIN SCOPE OF MEDICAL CARE



ORTHOPAEDICS



REHABILITATION



PLASTIC SURGERY



DNA TESTING



HEALTH SCREENING



MENTAL REHABILITATION



GENERAL SURGERY



RADIO THERAPY OF PROSTATE CANCER



ORTHOPAEDIC PROSTHESES



DENTISTRY



ASSISTED REPRODUCTION



MORE TREATMENTS



MORE HOSPITALS



**SUPPORTED  
BY DNA TESTS**



**INDIVIDUAL  
APPROACH**

## ASSISTED REPRODUCTION

Couples more and more often come to the conclusion that fulfilling their wish to have a child may be problematic. We offer a broad spectrum of interventions from simple to complex, performed in our embryological or genetic laboratory.

At our clinic, assisted reproduction is tailored to every couple's needs according to both the patient's health condition and personal requests.

In addition to classical reproductive medicine, we also offer genetic tests aimed at couples who are planning a family and want to have an overview of possible recessive diseases.



**ASSISTED  
REPRODUCTION**



COMPREHENSIVE PREVENTIVE  
PROGRAMMES



ALL EXAMINATIONS  
IN 1-DAY

## COMPREHENSIVE HEALTH SCREENING

A wide range of examinations that are used to determine the general state of health and to rule out significant changes leading to possible disease. A medical diagnostics is a comprehensive medical step involving patient history, personal exams, and tests.

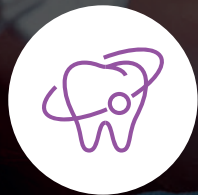
In many cases, there are multiple diagnostic examinations completed by varying doctors. This process allows for a more comprehensive understanding of patient ailments and offers proper treatment.

We are thus able to provide comprehensive care from examination to subsequent treatment and rehabilitation.





INDIVIDUAL  
APPROACH



MINIMAL TOOTH  
INTERFERENCE

## DENTISTRY

Dentistry is a vital aspect of healthcare, focusing on oral health through prevention, diagnosis, and treatment of various issues related to teeth, gums, and the mouth. Its primary goal is to maintain oral health through regular check-ups, cleanings, and educating individuals about proper oral hygiene practices.

At Horovice Hospital we offer dental care in the form of ceramic restorations, dental veneers, total bite rehabilitation and implant-supported restorations and the „all-on 4“ protocol. These methods allow us to achieve perfect results with minimal tooth interference and minimized pain.





**PRIVACY-FOCUSED  
SERVICE**



**334+ DETAILED  
RESULTS**

## DNA TESTING

Understand your Genes with DNA test and discover your predispositions, disease risks, metabolism and ideal diet comfortable from your home. You will receive the test results in the mobile app, which you can download from the App store or Google Play on your mobile phone.

Your DNA carries valuable information that reveals what diseases your body is susceptible to or what drugs it can't tolerate. In addition, DNA can tell you what sports you're suited to or what foods to eliminate from your diet. The DNA test is painless, it is taken from saliva and you can take it yourself in the comfort of your own home.



DNA TESTING





11+ OPERATING  
THEATRES



EXPERTS IN BARIATRIC  
SURGERY

## GENERAL SURGERY

General surgery is a fundamental medical specialty that encompasses a broad range of surgical procedures involving various body systems.

At our hospitals, we prioritize client's health and well-being by offering a continuum of care that spans from initial medical examinations and precise diagnoses to expert surgical interventions and thorough rehabilitation. Our dedicated team of healthcare professionals is committed to providing exceptional medical care tailored to your unique needs.

General surgery covers a diverse array of surgical interventions, including but not limited to **bariatric surgeries (obesity treatment)**, surgery of digestive system, hernia repairs, and vascular surgeries.





**COMPREHENSIVE  
CARE**



**INDIVIDUAL AND  
GROUP THERAPIES**

## MENTAL REHABILITATION

Our highly qualified professionals are ready to provide you with individual care in solving various psychological challenges. With an emphasis on your specific needs, they will support you on the way to achieving progress and maintaining mental health.

List of problems that you can solve with us: ADHD, Bipolar disorders, depressive states, phobias and anxiety, emotional instability (anger management), unmanageable grief, obsessive compulsive disorders (OCD), panic attacks, eating disorders and much more.



MENTAL  
REHABILITATION



**1 200+ TOTAL HIP AND KNEE  
REPLACEMENTS ANNUALLY**



**SUBSEQUENT REHABILITATION  
TREATMENT**

## ORTHOPAEDICS

Orthopaedic surgery can relieve joint pain and help with limited motion that influence every aspect of your life.

The accredited orthopaedic department of the Horovice Hospital provides care for patients with degenerative diseases of the musculoskeletal system, especially large joints, including implants of total hip and knee joint endoprotheses, as well as treatment of chronic and traumatic soft joint diseases (arthroscopy, anterior cruciate ligament plastics). An integral part of care is the prevention of congenital dysplasia of the hip joint of newborns and its basic conservative treatment.

The Beroun Arthroscopy Centre provides a full range of arthroscopic procedures ranging from diagnostic and preventive procedures for the early prevention of arthrosis to complex reconstructive procedures.





**TAILOR-MADE  
PROSTHESES**



**1-WEEK  
PRODUCTION TIME**

## ORTHOPAEDIC PROSTHESES

We specialize in the individual production of prostheses for upper and lower limbs, precisely tailored to your needs. Each prosthesis is created with consideration for your unique anatomy and functionality, aiming to achieve optimal results.

Whether you have lost a limb due to an accident or illness, our prostheses will allow you to restore your daily life and regain your independence. Our services are provided with long-term expertise in the field of orthopaedic prosthetics, comprehensive service, and follow-up care.





PROMPT  
ASSESSMENT



OUTPATIENT AND  
INPATIENT BASIS

## PLASTIC SURGERY

We utilize the **latest trends and the highest quality materials** in order to provide the best possible service.

We provide operations in the field of plastic and aesthetic medicine. Procedures are performed on an outpatient basis (operations under local anaesthesia) or during short hospitalisation (operations requiring general anaesthesia).

The Hospital also has its own anaesthesiology and resuscitation department which provides comprehensive medical care for all patients throughout the period before, during and after surgery requiring general anesthesia.

We also perform selected corrective dermatology services.



PLASTIC AND AESTHETIC  
SURGERY



**3 TESLA MAGNETIC  
RESONANCE**



**1 050 ONCOLOGICAL  
TREATED PATIENTS ANNUALLY**

## RADIOTHERAPY OF PROSTATE CANCER

Prostate cancer is the second most common cancer in men worldwide. More than 1.4 million cases are recorded each year and therefore our main goal is to provide patients who have already been diagnosed with this disease or are likely to develop it with early and high-quality radiotherapy treatment.

General radiotherapy is provided in one of the hospitals of oncological centres network in the Czech Republic. Besides that, the Oncology centre in Pardubice belongs with its specialization in the prostate to the best oncological centres in Central Europe.

Most effective way of medical treatment which does not require so much parallel care and brings the most relevant results is to focus on two groups of patients. The patients with low-risk and middle-risk diseases of the prostate.





**WIDE SPECTRUM  
OF TREATMENT**



**QUALITY OF HOTEL  
SERVICE**

## REHABILITATION

Rehabilitation programs are designed by combining individual treatments and active movement. They are carried out in Beroun Rehabilitation Hospital, one of the best facilities of its kind not only in the Czech Republic and other contractual medical facilities.

Our comprehensive medical rehabilitation aims to eliminate or positively affect the patient's disability in all areas, improve their quality of life as much as possible, and contribute to their full ability to work and integrate into society.

The most common treated diagnoses are trauma, orthopaedic, and neurological diagnoses. Furthermore, conditions after spinal surgery, amputation of limbs, and spinal pain of various origins and radicular syndromes.





**DOCTOR ALWAYS IN  
YOUR POCKET**



**EASY-TO-USE  
MOBILE APP**

ALTOAMT.COM

## MEDONLINE 24/7

Medonline 24/7 is an online medical platform that helps you live healthier, happier live. Consult your health and connect with a specialist online from anywhere.

With access to over 350 specialized doctors, you will get prompt answers to any health concerns or medical queries through chat or video calls within minutes, all from the comfort of your phone. Our platform is available 24/7, so you can connect with a doctor even at midnight or during a vacation.



MEDONLINE 24/7





MULTIDISCIPLINARY TEAM  
OF PROFESSIONALS



HIGHLY QUALIFIED  
DOCTORS

## OUR DOCTORS

All of our fully credentialed doctors who take care of the patients and treat them at our medical facilities have many years of experience in their respective fields.

In addition to the chief physicians, you will be cared for by our **nurses, physiotherapists, nutritionists, and other medical staff.**

Furthermore, we also offer the services of our **non-medical staff**, who will take care of you during the hospitalisation and make your stay as smooth and pleasant as possible.



# CONTACT US

FEEL FREE TO CONTACT US FOR MORE DETAILS

## ALTOA HEALTHCARE MANAGEMENT

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# THE MEDICAL CARE WORTH TRAVELLING FOR

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